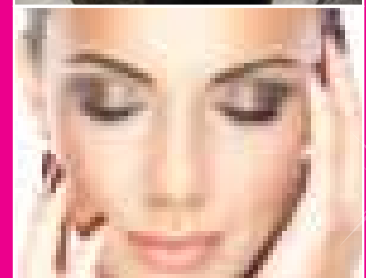


**Wishing all our clients, past, present and future, a very happy and healthy New Year.**

Starting a New Year often gets us thinking about making changes or trying to be a bit better in all areas of our lives. Typically we think about inch-loss, dieting and exercise at this time of year also, so if you need any help in reshaping your body we have some amazing treatments including Accent RF Flab buster and Genie Ultimate Toning System at great process this month to kick start things.

We are delighted to introduce some new treatments to add to our already wide range. Sclerotherapy for treatment of fine leg veins, Genie for ultimate body toning, and advanced botox treatments for “smokers lines”, bunny lines (crinkles on the nose) and for excessive sweating.



### **Introducing.....a new injector to the clinic!**

We are delighted to introduce Wendy Bennett-Anderson, a highly experienced Aesthetic Nurse Practitioner and Nurse Prescriber to our team. Wendy has been working for Transform Medical Group for the last 8 years and previously had her own aesthetic practice. She has extensive experience in advanced

botox, restylane, Juverderm and Sculptra treatments. She will be covering whilst Debbie is on holiday at the end of January. If you would like to book an appointment or consultation with Wendy, she is available on 28th January and 2nd and 9th February.

**Please note: Debbie will be away from 25th January to 9th February inclusive.**

50%  
OFF

## 50% OFF IPL Laser hair removal treatments!

This is our best ever offer on IPL permanent hair removal and is unlikely to be repeated again so if you have considered having treatment, now is definitely the time! Simply book and pay for a course of 6 treatments before 31st January and get 50% off..

Remember, we are already considerably less expensive than the Nuffield and get great results.

**Example: Underarm hair removal – normally £70 per treatment so you would get a course of 6 treatments for only £210 using the 50% off and never have to shave again!**

## Want Smooth, flawless skin?

Is your skin looking dull & tired? Are you concerned about the signs of ageing? Do you have problematic skin? If you answered yes to any of these questions or would simply like to find out about your skin's health and how you can improve it, book in for a free consultation using our amazing skin analyser on Friday 28th January. Skincare can be a minefield, with many choices; it's hard to know what the best thing is for you! Don't panic, we are here to help.

Using our revolutionary skin analyser Beau Visage we are able to recognise skin conditions not visible to the naked eye and identify surface and subsurface redness and sensitivity, pigmentation, lines and wrinkles, pore size, broken capillaries (thread veins) and congestion. You will get a printed report with personalised treatment recommendations and homecare advice. Places are available throughout the day but are limited, please call us on 01752 222107 or email us at [am@sandoncourtclinic.co.uk](mailto:am@sandoncourtclinic.co.uk) to reserve your space today.

\*Our normal booking & cancellation policy applies, there is a 50% charge of £14.50 if you give less than 24 hours notice to cancel your appointment. If you cancel within 4 hours of your appointment...or just completely forget, you will unfortunately be charged the full price of £29.

## It's the little things that count.....

***The trick to a healthy you is to make small changes:***

- ✓ Walk instead of drive, whenever you can.
- ✓ Add more fruit and vegetables to your diet
- ✓ If you already have a gym membership ...use it!
- ✓ Take the stairs instead of the lift or escalator
- ✓ Join a dance class or your local ramblers club
- ✓ Find an exercise 'buddy' to help motivate you
- ✓ Take up yoga or pilates for a gentle but effective way to get in shape



## Putting Yourself First....For A Change!...

### *Now That's A Good Idea*

Take the time to schedule your 'me time' in now for each month of the year and treat it as a very important appointment on the calendar - not to be missed under any circumstances!

If you choose to have a treatment in your 'me time' here are some suggestions that will be perfect and that you may not have tried before. We suggest that you book up to at least three months at a time then each time you're in, you book your next one, so you always have 3 treatments booked ahead. This means you will always have three treatments to look forward to, you'll get your preferred booking time and therapist PLUS you can give yourself a big pat on the back for being so organised! Lots to choose from including skin freshening peels, aromatherapy massage, Ultimate pedicure or just your regular grooming treatments like waxing and eye brow

tints. And as a well done, if you book 3 of the same treatments you will receive the 4th absolutely FREE.



## Considering Plastic Surgery?

If you have considered or are considering plastic surgery then you may be interested in attending our Information Evening on 17th February here in the clinic.

**James McDiarmid**, one of the South West's leading Plastic Surgeons will talk about the latest techniques in Plastic Surgery and show

before and after pictures of the fantastic results which can be achieved. He will also offer a free **15 minute consultation** at the clinic on another evening in February.

**Places are limited and will be on a first come, first served basis so book your place now! There is no charge for this evening.**



## Problem of the month – Stubborn Fat

Sometimes, no matter how hard we diet or go to the gym, there are stubborn areas of fat which we cannot seem to shift. It may be the tummy especially since child birth, or love handles or saddle bag thighs, all resistant fatty areas that won't seem to shift no matter what we do.

### How can it be treated?

Diet, exercise and drinking lots of water can all really help but if you need a bit of extra help, Accent RF Flab busting treatment is really effective. It uses heat from Radio Frequency

which is controlled through a hand piece which is moved over the targeted area using oil to help it glide across the skin. It feels like a hot stone massage that leaves a warm feeling for hours after the treatment. It heats the water in the fat cells, literally melting the fat which is then passed out of the body via the lymph system. No needles, no knives but very effective results.

Combine this with an intensive toning treatment like Genie and in just 6 treatments you will see great and lasting results!



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### Product of the Month

For the smoothest skin - **MD Formulations Glycolic Cleanser** and Face and body scrub makes a great combination!

Removes surface debris to leave skin glowing, fast results to a smooth skin for those who are not prone to sensitive skin.

**Normally £26 each but this month you can buy both for £40 and they last for months.**



### Special offers for January

#### OFFER 1 Slim, Trim, Tighten and Tone!

After Christmas we can all do with a bit of help to lose those extra pounds. Accent RF Flab buster treatment uses deep heat to literally melt fat away on stubborn areas such as the tummy, arms or thighs without any needles or knives. This month, book a flab busting treatment for **only £75** (normally £125) and get a free Genie ultimate toning treatment, **absolutely free** (normally £30 per treatment) Genie is 1000 times more powerful than CACI using muscle stimulation to really tighten and tone those wobbly bits. In conjunction with a healthy lifestyle, you will really see results! A course of 6 treatments is recommended for optimal results and you will get a free Genie with each Accent you book. **Saving a massive £80 on every treatment**, our best offer yet!

#### OFFER 2 Has your face lost its Mojo?

As we begin to age, loss of plumpness and volume in the cheeks creates nose to mouth lines, slackens the jawline and gives us a more gaunt look. **There is a solution!** Genie, facial stimulation helps to rebuild and retrain the muscle in the face to give lift and volume. No injections and no needles! We are getting amazing results from clients who have had a course on 10 treatments. Why not have a **FREE** trial treatment to see what it can do and then get 2 **free microdermabrasion** treatments (worth £90) with every course of 10 treatments booked (course of 10 Genie 10 minute facials costs £250 payable in 2 stages).

OR Sculptra collagen stimulating injections is known as "a facelift in a bottle". It adds soft volume and plumpness back to the face gradually over several weeks to give you back that youthful look, softening lines and wrinkles and lasting for up to 3 years. Book your 2 vial Sculptra treatment in January and receive **3 free Accent RF skin tightening** treatments for tightening the lower face and jawline absolutely free (worth an amazing £375). Interest free credit is available subject to acceptance.

**OFFER 3** Do you want to tone and tighten your body?

Introducing the amazing Genie! 1000 times more powerful than CACI – it uses tiny pads of electrical stimulation to tighten and tone the muscles using intensive muscle stimulation. A course of 10 treatments re-educates your muscles to give a taughter, toned body. Our introductory offer on the amazing genie is buy a course of 10 slimming treatments for tummy and thighs (cost £275) and get 10 toning treatments (worth £275) absolutely FREE.

**OFFER 4 Amazing! 50% OFF IPL Permanent hair removal**

January is the perfect time to start a course of Ipl permanent laser hair removal to be hair free by summer. Our offer this month is an amazing 50% off a course of 6 treatments for any area, face or body. Course of 6 treatments must be paid for as a package, not individually.

**OFFER 5** Botox 3 areas for the price of 2

Due to the popularity of this offer we are continuing it throughout January. 3 areas of botox for only £250. PLUS A free microdermabrasion skin smoothing treatment (worth £45) with every botox treatment this month.

**OFFER 6** Want smoother, clearer skin?

Microdermabrasion removes rough, dead skin cells to reveal fresher younger skin underneath and allows peptides to absorb better for improved skin rejuvenation. This month take our skin challenge! 4 Medical microdermabrasion treatments PLUS an Agera Skin care kit full of peptides and vitamins to illuminate and feed your skin for only £149.

**Not to be used in conjunction with any other offer. Available until 28th February 2011**

**If you have any questions or wish to book a consultation  
or treatment, call us now on**

**01752 222107**